

# 10 Benefits of Completing an Advance Care Directive (ACD)

Reduce unnecessary suffering and conflict for your family

1

Your health care focuses on **YOU**

2

Your wishes about your medical decisions are always **honored**

3

Your loved ones **won't** have to **make** medical **choices that aren't yours**

4

Your spouse **won't have to worry** about legal or financial matters

5

Your family will be able to **worry less** if they know your wishes

6

You and your doctor will be able to discuss your health wishes **at ease**

7

You **won't spend unnecessary time** in the hospital or nursing home

8

You can plan **how you want to spend your life** before losing the mental capacity to make decisions

9

You can **plan in advance** based on your life expectancy or quality of life you desire

10

If an unexpected emergency happens, your ACD **reduces stress** for you and your family

*Book a call today for your free ACD service*

Call (415) 533-6440 or (415) 677-7585



Scan the QR Code to book a call online