

10 EXCUSES ABOUT ADVANCE CARE DIRECTIVES TO OVERCOME

**BOOK A CALL TO LEARN MORE ABOUT
ADVANCE CARE DIRECTIVES (ACD) NOW!**

1. "I'm not sure what an ACD is"

- An ACD is a legal document specifying your medical wishes.
- Find resources about ACD on our website and social media.
- Book a free consultation with us.

2. "An ACD sounds ominous."

- ACD is not only for those who are dying.
- Completing an ACD can honor your medical decisions.

3. "It's too late to discuss ACD after being given a prognosis."

- Handle your medical affairs when you still have your full mental capacity.

4. "There are too many documents, I get confused."

- Have one form of documentation to share and update between all your doctors.

5. "I have no idea when to talk about it."

- Bring it up with your doctor when you are ready.

6. "I think my family can make the medical decisions but not myself."

- Think about your wishes to ensure your quality of life.
- Think about who your decision maker will be.

7. "I'm afraid to be a burden to my family."

- It only becomes a burden when you cannot speak about your medical wishes at a time when your doctor needs to know.

8. "I'm afraid my doctor will push for things I don't want."

- Your health choices will all be documented legally in the ACD.
- The doctor must follow your ACD.

9. "I'm too young for an ACD."

- You are never too young to have an ACD.
- Emergencies can happen at any time.

10. "I'm too healthy for an ACD."

- Healthy or not, unexpected events in life can happen. The sooner you make an ACD, the more prepared you and your family will be.



Scan the QR code
and book a free call
with us to learn
more about ACD

OR

Make an appointment
by calling
(415) 533-6440
(415) 677-7585

