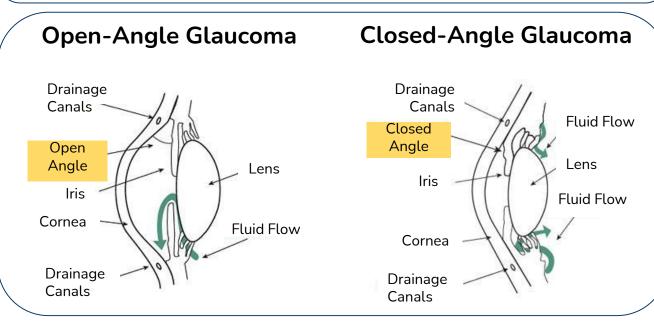
# Don't Lose Sight of Glaucoma

Glaucoma is one of the most common eye diseases among Asian Americans, especially those over 60 years old. It is caused by increased pressure in the eye due to fluid buildup, which damages the optic nerve and can lead to vision loss and blindness. Two main types of glaucoma are open-angle (chronic), and closed-angle (acute).



## Progression of field of view



Visit your eye doctor for treatment or to get help to prevent glaucoma!

#### **Open-angle Glaucoma**

- Caused by **slow clogging** of the drainage canals, resulting in increased eye pressure and optic nerve damage
- Develops slowly with no obvious symptoms

### Closed-angle glaucoma

 Caused by complete blockage of drainage canals, resulting in sudden vision loss within a few days.

#### Symptoms

- Morning Headaches
- Red Eye
- Nausea and Vomiting
- Eye Pain
- Visual Impairment

### **Treatment options**

- Laser Surgery
- Trabeculoplasty
- Medication

AI American Medical Group

Mild

Severe

To learn more about our doctor's group, call Member Relations: (415) 590-7418

