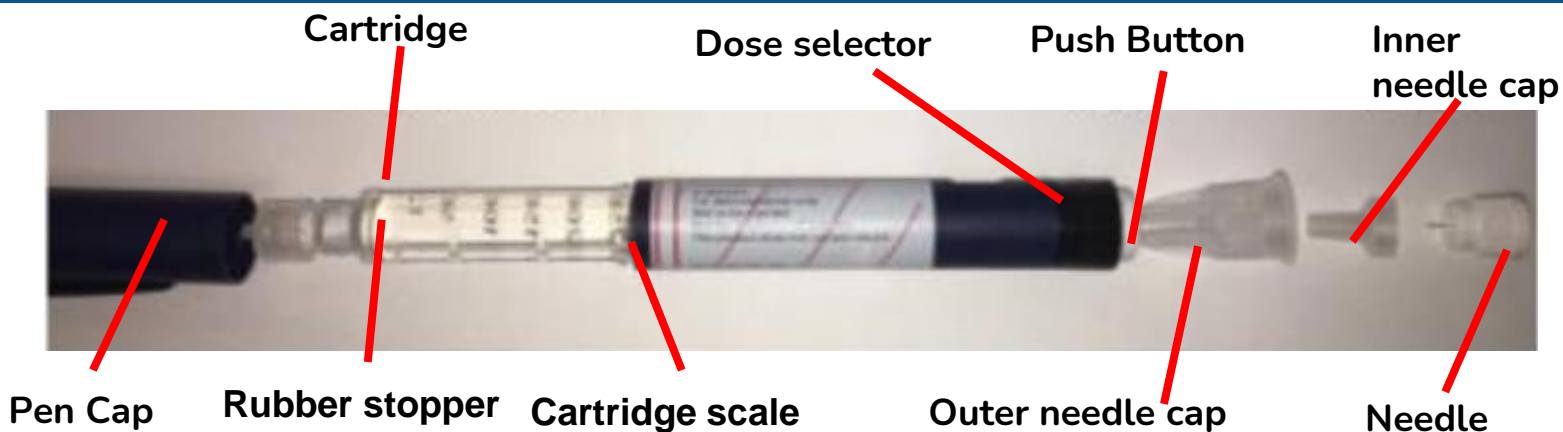


How to Use FlexPen (Insulin Pen)



Step 1

Check the insulin

- Check label of pen and make sure it is the correct type of insulin
- Check for the expiration date
 - Never use insulin that is cloudy or not clear
- Remove pen cap (A)



A

Step 2

Attach a new needle

- Remove the rubber stopper (B)
- Screw the needle tightly on
- Remove the outer needle cap (C)
- Remove the inner needle cap and dispose it (D)



B

C

Step 3

Priming the insulin needle

- Turn dose selector to 2 units (E) & Point needle straight upwards
- Check for air bubbles
- Press push-button all the way (F)
- Dose selector should return to 0 units
- A drop of insulin should appear at the needle tip



E



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How to Use FlexPen (Insulin Pen)

Step 4

Select the dose

- Adjust dose selector to select the number of units you need to inject



G

(28 units selected)

Step 5

Administer the dose

- Clean injection site with alcohol pad and wait for it to dry
- Inject needle all the way into the skin (H)
- Press and hold push button to give dose (I)
- Leave needle under the skin for at least 6 seconds for insulin to be delivered before removing the needle



H



I

Injection Sites

- Rotate injection sites between injection spots
- Insulin is injected into the layer of fatty tissue under the skin, not the muscle (**at least 1.5 inches away from the last injection**)
- Do not inject into the same spot every time
- Do not inject into moles or scars



J

Step 6

After the injection

- Remove the needle and place into red sharps container (K)
- Replace the pen cap onto FlexPen
- Store FlexPen



K



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