# **Use Face Masks to Prevent Viruses**

## How to wear a mask properly



Wash your hands with soap and water or hand sanitizer before touching the mask



The colored side faces outward and the white side faces inward



The side of the mask that has a stiff bendable edge is the top



Mold or pinch the stiff edge to the shape of your nose



Hold the mask by the ear loops. Place a loop around each ear



Pull the bottom of the mask over your mouth and chin



Make sure there are no gaps between your face and the mask

# How to take a face mask off & dispose it properly



First, wash your hands



Hold both of the ear loops and take off the mask gently (do not touch the front of mask)



Discard immediately in a closed bin



Wash your hands again to prevent the virus

# DIY cloth face coverings should meet the following requirements:



- Fits snugly but comfortably against the side of the face
- Be secured with ties or ear loops
- Includes multiple layers of fabric
- Allows for breathing without restriction
- Can be laundered and machine dried without damage or change to shape

#### How to Clean

★ Wash used face coverings with detergent & hot water

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Washing machine



Washing by hand

### How to Dry

Make sure to completely dry cloth face covering after washing



Air dry

Tips for safe face covering use

- Avoid touching the mask while using it; if you do, wash your hands first
- Keep the covering on your face the entire time you're in public
- Replace the mask with a new one as soon as it is damp and do not reuse single-use masks
- > Cloth face coverings should be washed after each use



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